

# **CRUNCH&SIP**

Available at the counter until 8.45AM. Not available to order on quickclig.

piece of whole seasonal fruit	0.80
baby seasonal vegetable	0.60

## **RECESS**

<ul><li>homemade flatbread cheesie</li></ul>	2.20
<ul><li>homemade vegemite &amp; cheese scroll</li></ul>	2.60
<ul><li>homemade banana bread</li></ul>	1.80
<ul> <li>homemade sweet mini muffin - flavours vary low sugar with part wholemeal flour</li> </ul>	0.50
pikelet	1.10
<ul><li>piece of whole seasonal fruit</li></ul>	0.80
<ul><li>vanilla yoghurt 170ml</li></ul>	3.50
fruit yoghurt 170ml	3.50
froyo frozen yoghurt	3.00

### **LUNCH**

MONDAY SUMMER LUNCH DEAL (years 1 to 6) – add a quelch icy pole to <u>ANY</u> lunch order for 50c!

### \$5.25 PASTA AND RICE (includes spoon)

homemade macaroni cheese	5.25
<ul> <li>homemade pasta bolognese</li> </ul>	5.25
<ul> <li>homemade teriyaki chicken and rice</li> </ul>	5.25

### **TOASTED SANDWICHES**

White or wholemeal bread.

White of Wholemed Bread.	
<ul><li>cheese OR ham</li></ul>	4.20
ham & cheese	5.00
<ul><li>chicken &amp; cheese</li></ul>	5.40
add tomato	0.20

#### **SANDWICHES, ROLLS & WRAPS**

White or wholemeal bread. Prices the same for sandwiches, rolls or wraps. Salad includes - lettuce, tomato, carrot & cucumber.

<ul><li>vegemite</li></ul>	2.40
ham & salad OR ham & cheese	5.00
<ul><li>chicken &amp; salad</li></ul>	5.40
add cheese	0.80

### **FOCACCIA PIZZA SQUARES**

FUCACCIA PIZZA SQUARES	
ham & cheese	5.60
<ul><li>hawaiian</li></ul>	5.60
<ul><li>margherita</li></ul>	5.60
<ul><li>bbq chicken</li></ul>	5.60
<ul><li>vegetarian</li></ul>	5.60

### **LUNCH SNACKS**

oat & coconut cookie	1.00
piece of whole seasonal fruit	0.80

### **MONDAY LUNCH SPECIALS**

<ul> <li>chicken bento box two crumbed chicken</li> </ul>	6.50
tenders, carrot, cucumber, capsicum,	
cheese cubes and rice crackers	

Mrs Macs Lite'n Up beef pie	6.00
Mrs Macs Lite'n Up sausage roll	4.50
tomato sauce	0.50

## FRIDAY LUNCH SPECIALS

<ul> <li>meatball sub beef meatballs topped with</li> </ul>	6.50
Napolitana sauce and cheese	

• sushi teriyaki chicken, l	katsu chicken,	5 piece <b>7.00</b>
tuna or vegetarian (wh	ite or brown rice)	8 piece <b>8.50</b>
Order by 10AM Thurso	lav	

<ul><li>Vietnamese rice paper</li></ul>	rolls
teriyaki chicken, tuna o	avocado 2 piece <b>6.60</b>
Order by 10AM Thursd	av

homemade sausage roll	3.50
Mrs Macs Lite'n Up sausage roll	4.50
tomato sauce	0.50

### **DRINKS**

• bottled water	1.50
juice box (99% juice) 250ml	2.50
- apple, apple & blackcurrant or tropical	
<ul><li>Juice bomb - 100% unsweetened sparking juice</li></ul>	2.50
<ul> <li>watermelon, grape or apple &amp; raspberry</li> </ul>	
<ul><li>Brownes plain milk (reduced fat) 225ml</li></ul>	2.20
<ul><li>Brownes flavoured milk (reduced fat) 300ml</li></ul>	3.50
<ul> <li>chocolate, strawberry or banana</li> </ul>	

### **COLD TREATS**

<ul><li>froyo frozen yoghurt</li></ul>	3.00
<ul><li>quelch icy pole</li></ul>	1.00

Order online at quickcliq.com.au before 8.45am or at the canteen between 8.30am – 9.00am.

For enquiries, contact Tanya or Philippa on 0439 417 838, Monday and Friday between 8:30am – 1:30pm.

Follow our facebook page "Kyilla primary canteen" to stay up to date with our specials or to sign up to become one of our volunteers.